

Home Visitation Conference

February 10, 2005 at the Augusta Civic Center



Presented by the Maine Children's Trust
&
The Department of Health and Human Services

WHO SHOULD ATTEND?

Legislators

Home Visitors from:

Healthy Families

Parents Are Teachers Too

Parents as Teachers

Early Head Start

Public/Community Health Nurses

Child Development Services

Early Literacy Programs

Other Home Visiting Programs

*Other professionals working with young
children and their parents:*

Social Workers

Pediatricians

Obstetricians

Family Practitioners

Nurses

Teachers

School Administrators

SEATING IS LIMITED SO
REGISTER SOON!

Please register by:

January 14, 2005

at

Online: www.mechildrenstrust.org

Home Visitation Conference

Conference Purpose Statement

- To bring together policymakers, executive and legislative branches, service providers and appropriate academics to review collective outcomes and obtain new information in relation to home-based parent education and support in Maine.
- The conference will support continued progress toward the Home Visitation Coalition's mission, "To ensure the development of a collaborative statewide system of support for families with children and their other caregivers that has at its center a universal, voluntary home visiting program for families prenatally through age five." This will be the first time these stakeholders have come together since 1995 when the decision was made to expand the state's investment in-home visitation programs.

Home Visiting In Maine

Home Visiting is the in-home visitation of parents in Maine by trained professionals, to help insure that:

- All Maine youth are healthy, safe and respected.
- Mothers, fathers, families, pregnant women, infants and children enjoy optimal health and well being.
- Support, training, and critical links to the networks of available community support services are provided to families.

There are no restrictions by income, education, race or culture for participating in this program. In 2003 nearly three thousand families were visited.

Registration Information

Conference Fee:

The conference fee is \$35.00, which includes refreshments and lunch.

**Please register by:
January 14, 2005**

**Online at:
www.mechildrenstrust.org**

**Please make checks payable to the
Maine Children's Trust.**

Cancellation Policy:

A full refund will be granted if we receive notice of cancellation *no later than January 21, 2004*. After this date, refunds will not be granted.

Book Signing

Books by Robin Karr-Morse will be available for sale at the conference.

Hotel Information

Hotel accommodations closest to the Civic Center are at the Holiday Inn (622-4751). Reservations and cost are the responsibility of the conference participant, but be sure to ask for the special single-room rate of \$56.00 for those attending the Home Visitation Conference.

For More Information Contact:

Laura Woods-Vachon
Home Visitation Conference, Muskie School
295 Water Street,
Augusta, ME 04330
Tel: (207) 626-5028 Fax: (207) 626-5088
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E-mail: laura.woods-vachon@maine.gov

Conference Agenda February 10, 2004

Agenda

Registration & Continental Breakfast	7:30 to 8:30
Welcome Governor John E. Baldacci	8:30 to 8:45
The Importance of Home Visiting in Maine Attorney General Steven Rowe	8:45 to 9:00
Keynote Speaker Robin Karr-Morse	9:00 to 10:00
Book Signing, Raffle & Break	10:00 to 10:30
Home Visiting & Home Visitors DHHS Commissioner John Nicholas	10:30 to 10:45
What's Happening with Maine's Home Visitation Program Valerie Ricker, Director, Division of Family Health	10:45 to 11:15
The Value of Home Visiting in Communities Panel Discussion: Mary Small, Fight Crime: Invest in Kids Maine, Senator Arthur Mayo & Dr. Steve Feder	11:15 to 12:00
Lunch	12:00 to 1:00
First Round of Workshops	1:00 to 2:00
Break	2:00 to 2:15
Repeat of Workshops	2:15 to 3:15
Reconvene as One Group & Raffle	3:15 to 3:30
Evaluation, Wrap-up and Energized send off with Dr. Richard Aronson	3:30 to 4:00

Workshop Descriptions

Keynote Speaker

Ghosts from the Nursery:

Tracing the Roots of Violence



Robin Karr-Morse

Headline stories on violent youth are alarming but leave us wondering why and what we can do to change the course. Robin Karr-Morse, co-author of *Ghosts From the Nursery: Tracing the Roots of*

Violence offers a shocking but empowering message: to understand the tide of violent behavior, we must look: before adolescence, before grade school, before preschool and to the cradle.

Recent research shows that infancy is the stage during which the foundation for trust, empathy, conscience and lifelong learning and thinking are created – or during which a predisposition to violent behavior is “shared” in the brain. She presents voluminous and startling evidence that point to the earliest months of life as the time in which violent behavior is laid in place. She weaves together numerous case studies, including death row interviews and stories of children in the news, with the newest scientific research from the fields of neurobiology and early brain development. For anyone who ever wondered what they can do to make the world a more peaceful and civilized place, Karr-Morse offers a remarkable and timely presentation.

(A & B 1) Supporting Parents with Cognitive Challenges

Suzanne Hoyt, Jackie Gerrish and Kate Quinn-Finlay

Experienced caseworkers lead a discussion of the issues in supporting parents who have cognitive limitations, with some useful strategies and resources. Issues include assessing parenting abilities, communication and teaching strategies, legal issues, and collaboration with other social services.

(A & B 2) Working with Teen Parents

Ruth Griffin

This workshop will focus on the rewards and challenges of working with pregnant and parenting teens. Issues to consider when working with teens, including adolescent development, multigenerational families, communication and consistency, will be addressed. Effective strategies to support and engage teen parents, including the Teen and Young Parent Mentoring Program and group activities specifically for teens, will be presented and resources and materials for teen parents will be shared.

(A & B 3) Post Partum Depression

Wendelanne Augunas, LCPC

The workshop will focus on the emotional, psychological and developmental passages of birth and postpartum. In the process of a baby being born, a mother is born as well. Although the process itself is natural in its essence, it is also influenced by our culture, our families and our own childhood/adolescent experiences. Media has certainly underscored the fear around postpartum and postpartum depression, but it is important to balance that with the sense of hope and opportunity that is possible in this new beginning.

(A & B 4) Getting Fathers Involved

Jack Miller

Research shows that children are better off when their Dad's are involved in their lives than when they are not. Occasionally, it is challenging to design and present your program in a way that is interesting and engaging to Dads. In this workshop many aspects of attracting and working with Dads will be explored including staffing, program design and effective communication with Dads.

(A & B 5) Working with Parents Using Methadone

Nancy Moore

Opiate Treatment Programs for parents will be the focus of this workshop. Among the topics discussed will be methadone – what it is and why it is used. Information on programs offered at Discovery House in Waterville, Maine will be presented. In addition, attendees will have the opportunity to ask specific questions about the concerns of parents in opiate treatment programs. This workshop will be a timely opportunity for anyone interested in learning more about methadone programs and their impact on families.

(A & B 6) Creating Partnerships, The Touchpoint Approach

Shannon Bonsey, Susan Luthin, M.D. & Laura Betters

Developing community partnerships that matter is much like developing relationships with families. This workshop will explore the need to recognize our common goals, develop an understanding and respect for each other's work and support the gifts and challenges that come when we have the privilege to care for developing families. Penquis C.A.P.'s development of the Penquis Community Action Partnership Touchpoints Training Site will be the focus of this workshop.

(A & B 7) Home Visiting—The Basics

Mary Lynn Hersey & Jenny Spang

This workshop will speak to:

- Who provides and who participates in Maine's Home Visiting programs?
- What happens at a home visit?
- Why Home Visiting is one of the most effective methods we have for impacting families and children?

We invite you to join two home visitors as they answer these questions and meet with a family to demonstrate how they support the relationship between parent and child.

Home Visitation Conference

February 10, 2004

Register online at: www.mechildrenstrust.org and mail registration fee to the address below:

or

Mail this form along with the registration fee to the address below:

Home Visitation Conference, Muskie School
295 Water Street, Augusta, ME 04330 Attn: Laura Woods-Vachon

Please register by:
January 14, 2005

Conference Fee: \$35.00

Make check payable to the Maine Children's Trust

Name: _____ Job Title: _____ Supv. Signature _____
(if applicable) (Required for DHHS employees only)

Name & Address: _____
Agency Name (if applicable) (PO Box / Street) (City) (State) (Zip)

Email Address (if not on the State system): _____ Tel: _____ Fax: _____

Special Needs: If you will require an accommodation, please allow 2 weeks notice so we may make appropriate arrangements. Thank you.

I will need an Interpreter in ASL _____ Cued Speech _____ Other needs: _____

In the boxes below number your first and second choices for each concurrent session

1:00— 2:00	A1 <input type="checkbox"/>	Supporting Parents with Cognitive Challenges	A2 <input type="checkbox"/>	Working with Teen Parents	A3 <input type="checkbox"/>	Post-partum Depression	A4 <input type="checkbox"/>	Getting Fathers Involved	A5 <input type="checkbox"/>	Working with Parents using methadone	A6 <input type="checkbox"/>	Creating Partnerships, The Touchpoint Approach	A7 <input type="checkbox"/>	Home Visiting— the Basics
2:15— 3:15	B1 <input type="checkbox"/>	Supporting Parents with Cognitive Challenges	B2 <input type="checkbox"/>	Working with Teen Parents	B3 <input type="checkbox"/>	Post-partum Depression	B4 <input type="checkbox"/>	Getting Fathers Involved	B5 <input type="checkbox"/>	Working with Parents using methadone	B6 <input type="checkbox"/>	Creating Partnerships, The Touchpoint Approach	B7 <input type="checkbox"/>	Home Visiting— the Basics

**** We will do our best to accommodate your first or second choice for workshops. Please be advised workshops are assigned on a first come, first serve basis. ****

Confirmation

As confirmation, you will receive a copy of this form either by fax, mail or email.

Office Use Only

Date Confirmed: _____

Confirmed By: _____

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